



Therapy Solutions by Connie McMillan Connie McMillan, PT/Owner 6631 East 2nd Street Casper, Wyoming 82609

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## Hello,

This notice is to inform the providers of Casper, and the public, that Therapy Solutions by Connie McMillan is Evolving...

Therapy Solutions and Connie have dedicated 50+ years of physical therapy service to Casper's medical providers, residents and the surrounding communities. Connie is excited to announce her upcoming journey into retirement. Connie would like to take this opportunity to thank you for the referrals you have sent her over the years and the patients that have trusted her to care for your needs. The trust in her services has been an important part of her success as a physical therapist for so many years. As Connie approaches retirement and begins to close a chapter in her life, Therapy Solutions is evolving with plans to continue great patient care.

We are pleased to announce that Evolve Health Services will be operating out of the former Therapy Solutions building. Evolve Health Services would like to formally introduce ourselves. The owners of Evolve Health Services, Kate Whitaker, MSN, PMC FNP-BC, APRN, CRRN and Danielle Goodwin, MOTR/L are excited to begin working with all providers across the Casper community to best meet the needs of patients. We will work with Connie during the transition to help integrate patients currently receiving therapy into our services, ensuring continuity of care, and facilitation of a smooth process with patient needs and outcomes as our top priority.

Our philosophy at Evolve Health Services aligns with the legacy that Connie and her practice are leaving behind within the Casper community. At Evolve Health Services we are committed to providing the most exceptional care in a compassionate and integrated method, and evolving our methods of care as our patient's needs change. Our providers share over 30 years of experience in the medical and therapy industry, and are excited to help enhance the patient care within our community. At Evolve Health

Services we will offer both medical and therapy services to best meet the overall needs of patients we serve. We have hand selected our team for their knowledge, skills and expertise in their field of practice. We will be offering medical services including but not limited to; Rehabilitation Services, Women's Health, Pain Management (Acute/Chronic), Wellness Visits, Botox Injections for Migraines, Cervical Dystonia & Spasticity, Trigger Point and Joint Injections, Laser Therapies, Primary Care, Wound Care, Wellness Weight Loss, UDS Testing, Hydration Therapy, Rapid Flu, Strep and COVID Testing and Sports Physicals.

We will be offering Occupational and Physical Therapy services including but not limited to; Manual techniques, On-site Aquatic Therapy, Trigger Point Therapy, Dry Needling, Neuro Rehabilitative Techniques including Stroke, Brain Injury and Spinal Cord Injury Recovery, High Intensity Training for all ages, Strength Training for all ages, Concussion management, Orthopedic and Post Surgical care, Pain Management, Balance and Coordination, Fine Motor and Hand use, Individualized Sessions and Plan of Care with all our sessions being informative and education focused.

It's time to Evolve. We are excited to evolve the thinking of medicine and the physical well being of our patients. We can't wait to work with you and look forward to serving the needs of the Casper Community. Please feel free to reach out to us with any questions!